

## NCCP Certification

### Level 1: Gymnastics Foundations Course - Effective January 1, 2009.

The NEW Gymnastics Foundations program is here. Effective in January 2009, all Technical Level 1 courses have been replaced with the Gymnastics Foundations course. The course consists of three parts.

**Part One** will be a two day in-gym course that is applicable to all gymnastics disciplines (ie Artistic, Trampoline & Rhythmic etc. could all take the course together)

**Part Two** will be a one day classroom course that covers the Theory component (again, common to all disciplines.)

**Part Three** will be a one day in-gym course that is specific to each discipline.

**Certification** is finalized following successful completion of a portfolio and evaluation

Coaches who complete the Foundations to Gymnastics program and want to also coach another gymnastics discipline (ie trampoline and artistic) can do so by attending the one day Part three course for that discipline. Coaches only have to complete the Part One and Part Two courses ONCE.

For coaches who began their Level 1 certification or who were Level 1 certified prior to December 31, 2008, please refer to [Transition from NCCP Level 1 to Gymnastics Foundations](#).

These courses are offered through **Gymnastics BC**. For more details and list of courses, [click here](#).

### Level 2 - Beginning Competitive Artistic or Trampoline Gymnastics

The existing NCCP Level 2 technical programs remain the same. These courses are offered through **Gymnastics BC**. For more details and list of courses, [click here](#).

Coaches are also required to complete the Introduction to Competition Part B (Theory). To find the closest course in your area please check out the Coaching Association of BC web page [www.coaches.bc.ca](http://www.coaches.bc.ca) or call Coaching BC at 604-333-3600.

In order to become Level 2 Certified, coaches must complete the Practical Requirements of 200 hours (150 hours for Trampoline) of coaching at a competitive level after completing the Level 2 Technical Course. The coach must submit the Level 2 Record of Experience to GBC.

### Level 3 - Provincial/National Artistic or Trampoline Gymnastics

The existing NCCP Level 3 technical programs remain the same. These courses are offered through **Gymnastics BC**. For more details and list of courses, [click here](#).

Coaches are also required to complete Level 3 Theory. To find the closest course in your area please check out the Coaching Association of BC web page [www.coaches.bc.ca](http://www.coaches.bc.ca) or call Coaching BC at 604-333-3600.

In order to become Level 3 Certified, coaches must complete the Practical Requirements of 400 hours (200 hours for Trampoline) of coaching after the completion of the Level 3 Technical Course. A gymnastics coach must attend and fulfill the requirements for the 12 hour Level 3 Practical Evaluation Session.

### Level 4 & 5 - High Performance / International Gymnastics

For these levels a coach can only be invited to attend by the National Sport Body.

*The NCCP is a collaborative program of the Government of Canada, the provincial/territorial governments, the national and provincial/territorial sport organizations and the Coaching Association of Canada.*



#### Respect in Sport

Respect in Sport is a grassroots on-line training course for coaches and sport leaders. It is designed as a tool to assist coaches in identifying and dealing with abuse, neglect, harassment, and bullying in sport. The course is completed [on-line](#).

All Gymnastics BC coaches 15 years of age or older are required to complete this course as part of their registration requirements.

## **Active Start**

### **Goal of the program:**

- To provide specialized preschool gymnastics coaching training
- Teaches a multi-movement approach for the development of a wide movement vocabulary.

This course is part of the Gymnastics Foundations NCCP certification process.

## **Transition from NCCP Level 1 to Gymnastics Foundations (must be completed by January 1, 2010)**

### **Coaches who have Level 1 Certification**

- Will be assigned the status of "Certified" in Gymnastics Foundations
- Coaches who have been assigned "Certified" status must maintain their status in accordance with the NCCP Policies

### **Coaches who have Level 1 Technical or Level 1 Technical and Practical**

- Will be assigned the status of "In Training" in Gymnastics Foundations
- For the status to become "Trained", the coach must complete the Introduction to Competition Part "A" or Gymnastics Foundations Theory component (Day 2 of Weekend 2)
- Coaches with Level 1 Technical only must also complete their practical hours and workbook (from the Technical Level 1 course) and submit to GBC

### **Coaches who have Theory only (Level 1, Level 1 and 2)**

- Will be assigned no status in the new NCCP; the entire Gymnastics Foundations program must be completed

### **All coaches must complete the **Making Ethical Decisions (MED)** online module by January 1, 2010**

- Coaches who are "Trained" and fail to complete this module by the deadline will be reassigned "In Training" status and be restored to "Trained" when the MED module is completed.
- Coaches who are Level 1 "Certified" and fail to complete this module by the deadline will be reassigned "Trained" status and be restored to "Certified" when the MED module is completed.

If you have more questions about coaching gymnastics in British Columbia please contact [Catherine Dubinsky](#) at the Gymnastics BC office.