

# **MEDIA RELEASE**

April 13, 2010

## **Tiner, Stroda and Hiscock Earn All Around Champion Titles at Gymnastics Championships**

Okanagan Gymnastics artistic gymnastics teams competed at the BC Championships this past weekend in Langley, BC. The men's and women's team both showed strong standings after earning thirteen provincial champion titles.

Sugar Tiner has once again earned the top spot in the Provincial Level 5 Open competition. This is the third consecutive competition for Tiner to dominate the field. She will be representing Team BC's Provincial 5 team at this year's Western Canadian Championships and after multiple gold medal all around victories, she should be poised and ready to compete. Tiner won a gold medal on the balance beam and in the all around, but also took home a silver medal on the vault.

Muriel Stroda is the Provincial All Around champion in the Women's Pre-Novice Aspire category. Stroda earned a gold medal on the vault and all around, silver medals on the uneven bars and balance beam, and a bronze medal on the floor exercise.

Another artistic gymnast to earn the title of Provincial All around champion is Shane Hiscock who competed in the Men's Provincial Level 2 category. Hiscock earned gold medals on the pommel horse, rings, vault, horizontal (or high) bar and in the all around.

Liam Dawson competed in the Men's Level 3 under 13 category and earned himself a gold medal on the pommel horse, a silver medal on the floor exercise, and a bronze medal on the vault.

Cody Briggs competed in the Men's National Open category and earned the title of provincial champion on the pommel horse. Briggs also earned a silver medal on the vault and bronze medals on the horizontal bar and in the all around.

In the Women's competition, Makinli Handley competed in the National Novice category and finished with the title of Provincial champion on the uneven bars. Handley also earned silver in the all around and bronze medals on the vault, balance beam, and floor exercise.

Adele Lefevre also competed in the National Novice category and finished with a silver medal on the uneven bars.

Nicole Pavia competed in the Pre-Novice Aspire winning top spot on the uneven bars and also silver medals on the vault, floor exercise, and all around.

Brielle Culbert competed in the Provincial Level 3 Tyro category and earned a bronze on the floor exercise.

Jenna Mick competed in the Provincial Level 2 Argo category and earned a bronze on the balance beam.

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