



Building Healthy Minds & Bodies

**OGC UPDATE January 15, 2010**

**CONGRATULATIONS  
TO  
MAKINLI HANDLEY**

**Makinli has received High Performance Status through Gymnastics Canada. This was achieved by her results at Elite Canada.**

**COBWEB – JANUARY 17<sup>TH</sup>**

Set up for the Cobweb will be on **Saturday January 16 at 8 pm**. We have Family Drop in until 8 pm so no parents in the gym until that time please.

If you volunteered for a position, please make sure you are here on time. Thank you.

**T & T Training – January 17<sup>th</sup> – is cancelled due to the Cobweb**  
**Artistic Boys training – January 17<sup>th</sup> – rescheduled to 3pm? until ?**

**2010 Team Investors Group Amateur Athletes Fund**

Applications for the 2010 Team Investors Group Amateur Athletes Fund are now available! In keeping with their commitment to amateur sport in Canada, Investors Group is once again offering \$5,000 each to 20 of our country's high performance athletes to assist with costs of training and competition. The bursary fund is open to any active senior national team athlete who meets the eligibility criteria. Deadline for applications is February 1, 2010. ([more](#))

**OKANAGAN INVITATIONAL**

We are looking for someone who can sing O Canada at the opening ceremonies. The tentative schedule for opening ceremonies is Friday March 5 at 5:30pm. If you are interested or know of someone who would like to volunteer for this – please let Ian Tomlin know. [iantomlin@shaw.ca](mailto:iantomlin@shaw.ca)

**TAX RECEIPTS**

If you require a tax receipt – please let the office know and we would be happy to prepare one for you.

**2<sup>nd</sup> ANNUAL FLIP A THON/JUMP A THON**

This fun event will be held the week of February 8-13, 2010. For the Competitive Athletes – there are a few prizes you could win for top pledge amounts:

- 1<sup>st</sup> prize for top pledges – iPod Touch
- 2<sup>nd</sup> prize for top pledges – Nintendo DSi
- 3<sup>rd</sup> prize for top pledges - \$50

**OFFICE FOR RENT**

Our middle office upstairs is available to rent. If you or someone you know is interested in renting this space, please see Tracy or Anita.