



Building Healthy Minds & Bodies

OGC UPDATE February 12, 2010

**CONGRATULATIONS TO
CURTIS GEREIN
RECIPIENT OF THE COMMUNITY SPORT HERO AWARD
Presented on February 11, 2010**

OLYMPIC MITTENS

We have 7 pairs of Olympic mittens left over from our Cobweb. They are for sale at the office for \$11. They are all size small.

2nd ANNUAL FLIP A THON/JUMP A THON

This fun event will be held the week of February 8-13, 2010. For the Competitive Athletes – there are a few prizes you could win for top pledge amounts:

- 1st prize for top pledges – iPod Touch
- 2nd prize for top pledges – Nintendo DSi
- 3rd prize for top pledges - \$50 GC for Orchard Park

Hopefully all of the athletes had a chance to do their flips or jumps. **It is now time to bring in your pledge forms.** As per the letter you will receive a hoody if you collect \$100 or more in pledges! Plus you are eligible for the above prizes!

If your child did not have a chance to do their flips or jumps – please notify your coach.

OKANAGAN INVITATIONAL

If you e-mailed and said you would like to purchase an ad in our Okanagan Invitational Program – please make sure you send us a PDF of your logo, the size you are purchasing and drop off your money at the office.

SIGN UP SHEETS will be posted towards the end of next week. This meet, as it is with any meet, is available for any parent, grandma, aunts, uncles, to help. The more volunteers we have the smoother the meet runs. Please take the time and make sure you sign up for a shift or two!

RECREATIONAL REGISTRATION

Our Spring Registration will begin on March 1. If you have children in the recreational program you can register them on February 22 @ 9 am.

ARTISTIC GIRLS TRAINING ON February 28th

There will be no training on Sunday February 28 for those who are competing at Wild West Fest, except for Sugar, Kelly, Alison, Miranda, Adele, Makinli.

VACATION

As a reminder to all it is very important to let the **office and your coach** know if you are going to take vacation. You will get credit for your vacation time only if you have informed the office prior to your time off. Credits will be applied at the end of the season.

OFFICE FOR RENT

Our middle office upstairs is available to rent. If you or someone you know is interested in renting this space, please see Tracy or Anita.