



Building Healthy Minds & Bodies

**OGC UPDATE March 12, 2010**

**GOOD LUCK TO THE ATHLETES AND COACHES THAT ARE COMPETING AT THE  
Elite Canada – Airdrie, Alberta  
Surrey Invitational**

### **OKANAGAN INVITATIONAL**

This was a great success and thank you to all who volunteered.

### **DISCIPLINE IN THE GYM**

Every athlete in the gym should have received a letter regarding protocol for discipline in the gym. Please hand the signed letters into the office as soon as possible. If you did not get the letter – please talk to your coach.

### **VOLUNTEER JOB**

All of our bathrooms need a really good cleaning. Anyone interested?

### **VACATION**

As a reminder to all it is very important to let the **office and your coach** know if you are going to take vacation. You will get credit for your vacation time only if you have informed the office prior to your time off. Credits will be applied at the end of the season.

### **OFFICE FOR RENT**

Our middle office upstairs is available to rent. If you or someone you know is interested in renting this space, please see Tracy or Anita.