



Building Healthy Minds & Bodies

OGC UPDATE April 30, 2010

GOOD LUCK TO ALL WHO ARE COMPETING IN KAMLOOPS AND WESTERNS FOR ARTISTIC

OGOPOGO – JUNE 4 – 6, 2010

Ogopogo is coming up quickly. This will be the first time that we are hosting boys! Plus we have over 550 athletes attending – largest ever. You will have lots of opportunity to work off those volunteer hours. This is one of your last opportunities to work off big chunks of time before June 30, 2010. Volunteer sheets will be posted May 17th.

ATHLETE DEVELOPMENT FUND

Please review our criteria and application forms. This Athlete Development Fund is from OGC for athletes that have qualified for certain meets. Remember to include what your athlete has done towards their volunteer hours. Check out our website under Competitive Program.

<http://www.okanangymnastics.com/index.php?PageID=1&PageGroup=3>

MITEY MITE CHALLENGE

Thank you to those athletes who helped Sergei and Nori. Only those athletes who actively helped will be able to claim volunteer hours. Sergei will submit those hours to the office.

VACATION

Do you know when you are taking your summer vacation? If you do please let Sergei and Angelo know. sergegym@yahoo.com ogcnt@gmail.com ogc@telus.net

As a reminder to all it is very important to let the **office and your coach** know if you are going to take vacation. You will get credit for your vacation time only if you have informed the office prior to your time off. Credits will be applied at the end of the season.

SportsFunder Travel Subsidy for BC Championships

Gymnastics BC has been given targeted funds from the SportsFunder lottery program to contribute towards travel costs for athletes (age 18 years and under) to access competitions in other areas of the province.

Because the funding received was greatly reduced this year, ONLY participants that attend the 2010 BC Championships will be eligible to apply for and receive a subsidy. No other competitions are eligible for travel subsidy funds this season.

www.gymnastics.bc.ca/uploads/2009-10_SportsFunder_App_Combined.pdf