



Building Healthy Minds & Bodies

**OGC UPDATE June 3, 2010**

**GOOD LUCK TO ALL WHO ARE  
COMPETING AT OGOPOGO**

**CONGRATULATIONS TO ALL WHO  
COMPETED AT NATIONALS**

**OGOPOGO – JUNE 4 – 6, 2010**

Volunteer sheets are now posted –

It seems we are very short on volunteers in all areas. I have had to move some volunteers around so that the most important jobs are filled. Security has been totally removed as well as the “flashers” on most of the sessions. The timer will be doing the flashing job as well. Kerry Haaheim will be phoning everyone today to remind them of their jobs and where they are. She will also be greeting you at the volunteer sign in table by the admissions. Thanks!!

**We are still in need of a lot of food for the hospitality room. If you can help, call Tracy Marino by 4 pm today at 250-765-0207, or phone the gym at 250-765-0888.**

There will be no training for the artistic girls and Cody on Monday June 7<sup>th</sup>. We realize everyone will be working hard all weekend to make this OgoPogo a huge success. You will get credit for this day.

**ATHLETE DEVELOPMENT FUND – DEADLINE IS JUNE 11, 2010**

Please review our criteria and application forms. This Athlete Development Fund is from OGC for athletes that have qualified for certain meets. **Remember to include what your athlete has done towards their volunteer hours in the application.** Check out our website under Competitive Program. [www.okanagangymnastics.com](http://www.okanagangymnastics.com)

**SUMMER SCHEDULES**

The summer schedules have been sent out to all athletes. The last day of the regular season is June 30<sup>th</sup>. We are closed on July 1.

Summer training schedule begins Monday July 5, 2010 at your designated times.

**VACATION**

Angelo is away on vacation from June 3 until June 19<sup>th</sup>.

Sergei is away on vacation from June 9 until July 4.

Sergei will be conducting Parent meetings the first two weeks of July. He will let you know your appointment time when he gets back.

## **VACATION**

Do you know when you are taking your summer vacation? If you do please let Sergei and Angelo know. [sergegym@yahoo.com](mailto:sergegym@yahoo.com) [ogctnt@gmail.com](mailto:ogctnt@gmail.com) [ogc@telus.net](mailto:ogc@telus.net)

As a reminder to all it is very important to let the **office and your coach** know if you are going to take vacation. You will get credit for your vacation time only if you have informed the office prior to your time off. Credits will be applied at the end of the season.

## **NATURE'S FARE RECEIPTS**

If you shop at Natures Fare – please remember to drop off your receipts in the box by the main office. All receipts must have the pretax total on the bottom. Keep bringing in your receipts!