



Building Healthy Minds & Bodies

OGC UPDATE June 11, 2010

OGOPOGO

Our OgoPogo was a huge success. Thank you to all who came out and worked and provided food for our hospitality room.

ATHLETE DEVELOPMENT FUND – DEADLINE IS JUNE 11, 2010

Please review our criteria and application forms. This Athlete Development Fund is from OGC for athletes that have qualified for certain meets. **Remember to include what your athlete has done towards their volunteer hours in the application.** Check out our website under Competitive Program. www.okanagangymnastics.com

TRAINING TIMES

June 28th – Regular training for all, Cody train with Nori

June 29th – Regular training for all

June 30th – Regular training for all, Boys will train on this day in lieu of July 2

July 1 – Closed – No training

July 2 – No training

July 4 – No training

July 5 – Summer training schedules starts

SUMMER SCHEDULES

The summer schedules have been sent out to all athletes. The last day of the regular season is June 30th. We are closed on July 1. Summer training schedule begins Monday July 5, 2010 at your designated times

There is going to be some changes with the Boys training schedule – it will be sent to you shortly.

VACATION

Angelo is away on vacation from June 3 until June 19th.

Sergei is away on vacation from June 9 until July 4.

Sergei will be conducting Parent meetings the first two weeks of July. He will let you know your appointment time when he gets back.

VACATION

Do you know when you are taking your summer vacation? If you do please let Sergei and Angelo know. sergegym@yahoo.com ogctnt@gmail.com ogc@telus.net

As a reminder to all it is very important to let the **office and your coach** know if you are going to take vacation. You will get credit for your vacation time only if you have informed the office prior to your time off. Credits will be applied at the end of the season.

NATURE'S FARE RECEIPTS

If you shop at Natures Fare – please remember to drop off your receipts in the box by the main office. All receipts must have the pretax total on the bottom. Keep bringing in your receipts!