



Building Healthy Minds and Bodies since 1977

4.10 MEDICATION MANAGEMENT POLICY

PURPOSE

Okanagan Gymnastics Centre (OGC) is committed to ensuring that all medications at the worksites, both prescription and over-the counter, are handled safely.

POLICY

Coaches are not permitted to administer medications to minor athletes without written consent from the parent/guardian.

PROCEDURE

Minor children requiring medication which needs to be administered during their scheduled class must have written consent from their parent/guardian.

Consent must include how and when the medication must be taken. This will include Advil/Tylenol, gravol, prescribed medication, etc.

Athletes are permitted to self-administer medications (i.e. inhaler).

When a child brings medication to OGC, it must be stored safely and accessibly in the coaches offices as per instructions on the bottle (some medications need refrigeration). The staff member will control the child's access to the medication.

Any side effects that are observed by staff must be reported immediately to the supervisor and parent/guardian.

Under no circumstances is a staff member to give a medication to a minor unless written authorization is given.

If at any time a staff member does not feel comfortable giving a medication they should seek assistance from the Director of Operations or designate.

APPROVED BY OGC BOARD OF DIRECTORS APRIL 19, 2017