



**Building Healthy Minds and Bodies since 1977**

## **4.28 b – POSSESSION OF DRUGS AND ALCOHOL POLICY**

### **PURPOSE**

To ensure that Okanagan Gymnastics Centre (OGC) provides a healthy and safe environment which protects all members from exposure to avoidable risks associated to drug or alcohol intoxication and /or to inappropriate use or distribution of drugs or alcohol.

The main concern in this policy is drugs or alcohol that have the ability to alter the user's mood or awareness. Diminished judgment or awareness creates unacceptable risks in an environment where potential for significant physical injury is already present, e.g. within the sport disciplines of gymnastics. These policies apply to our members, staff and volunteers at OGC as well as any off-site events that OGC may be officially participating in.

### **POLICY**

Under no circumstances is an intoxicated person permitted to be, or remain on OGC property.

### **Drug Policy**

For the purpose of this policy, drugs fall into four separate categories as follow:

- 1) Over-the-counter medications – Medications that can be purchased at pharmacies, grocery and convenience stores without a doctor's prescription. Common examples of these are cough medicines, and pain relievers such as Tylenol.
- 2) Prescription medications – Medications that a medical doctor has authorized and directed the use of and can only be obtained from a licensed pharmacist or other government-authorized distributor. There is a wide range of these medications for purposes from seizure prevention, mood regulating, and blood-sugar regulation to pain relief, among others.
- 3) Illegal drugs – For which possession or use of in any circumstance is contrary to the Controlled Drugs and Substances Act of Canada. Illegal drugs are prohibited on OGC property.
- 4) Legal drugs – i.e. Marijuana – OGC prohibits the storage, possession or consumption by any individual volunteering at, employed at or paid by OGC while on OGC premises or at OGC sanctioned events.

Smoking in any form is prohibited on OGC property.

The possession or use of any over-the-counter or prescription medications on OGC property is only permitted according to the restrictions of the manufacturer's product label and/or the medical doctor's prescription.

### **Alcohol Policy**

OGC prohibits the storage, possession or consumption of alcohol by any individual volunteering at, employed at or paid by OGC while on OGC premises or at OGC-sanctioned events.

Exceptions to this policy are the possession, storage and offering of unopened bottles of alcohol for the purpose of the exchange of hospitality between persons doing business together, as a token of appreciation to persons presented at public functions, and the occasional exchange of gifts between friends 19 years of age and older.

### **PROCEDURE**

It is the responsibility of any staff member becoming aware of the presence of an intoxicated person in the facility to take safe and reasonable steps toward having that person depart the building as soon as practical.

Over-the-counter and prescribed medications must at all times be safely stored and administered as per OGC's Medication Management Policy.

Any closed bottles of alcohol that may have been gifted or targeted to a fundraising event must be securely stored in the upstairs offices where children and youth do not have access.

**APPROVED BY OGC BOARD OF DIRECTORS JUNE 21, 2017**  
**AMMENDED BY OGC BOARD OF DIRECTORS MAY 16, 2018**