

Jesse Jakins

Cross Training & Pre-Competitive Coordinator

- She was a competitive gymnast and a member of Team British Columbia in 2005 & 2006.
- She was the head coach and assistant coach of the B.C Winter Games Team in 2010 & 2012.
- She is a certified Level 3 Artistic, Level 2 Trampoline and Level 3 Technical Trampoline. She has also completed the Active Start Coaching Program.
- She is a National Level judge
- In July of 2013 she travelled to Bali, Indonesia to complete the 200 hour Yoga Teacher Training course. Jesse is now a fully certified Yoga teacher.
- She was also the recipient of the 2013 Promotion, plus Gymnastics Leader of the Year Award for B.C. She is one of the countries youngest National level judges.
- She coaches all of OGC's cross training programs including the Canadian Sport School and Ignite Programs
- She has been a part of OGC since 1994 and coaching here since 2006!

