



OGC'S CODES OF CONDUCT

All athletes, parents and staff at Okanagan Gymnastics deserve to be treated with care, respect, compassion and free of harassment. By following our Codes of Conduct, we can all achieve full participation in our activities within a culture that celebrates and appreciates each other.

Athlete/Participant Code of Conduct

As athletes/participants in the programs at Okanagan Gymnastics, your child impacts and influences a wide range of people every day – from younger, impressionable participants, to team mates and coaches, to the greater community. Our expectations of our participants are as follows:

- Treat their team, other participants, coaches, staff, judges, and volunteers with courtesy, respect and understanding;
- Respect their training facility, maintain cleanliness and avoid causing damage;
- Participate in the spirit of fair play and honesty;
- Maintain regular attendance and avoid disrupting their training time and regimens;
- Always strive to be punctual for training, competitions or activities ensuring they inform coaching staff of any anticipated absences;
- Inform coaching staff, by email or a call to the office (250 765 0888), of any injuries or illness;
- Only enter the gym with proper supervision or permission;
- Adhere to all safety protocols;
- Participate within the rules set by OGC, Gymnastics BC and Gymnastics Canada;
- Refrain from using tobacco, cannabis or vaping products within the grounds of OGC;
- Refrain from using alcohol at any internal or external activity related to OGC;
- Refrain from using profane, insulting, harassing or otherwise offensive language in the context of the activities of OGC;
- Act in a manner that will bring credit to OGC and themselves, both within and outside the competition area;
- Ensure the safety of others when taking part in activities;
- Follow and respect all Covid-19 safety protocols.

Parent/Guardian Code of Conduct

Parents/Guardians play an incredibly important role in the success of all OGC participants. We respectfully ask the following:

- Treat participants, athletes, families, visitors, and staff with courtesy, respect and understanding;
- Ensure participants and athletes are punctual for their training sessions;
- Notify coaching staff, by email or phone call of the office (250 765 0888), of any anticipated absences;
- Inform coaches of any medical concerns or injuries that may affect training;
- Only enter the gym with consent;
- Respect and adhere to all safety protocols;
- Encourage your child in his/her best efforts;
- Applaud good performance by his/her team and members of other teams;
- Avoid publicly questioning an officials' judgement;
- Support all efforts to remove verbal and physical abuse from children's sporting activities;
- Remember that your child is involved in gymnastics for his/her enjoyment;
- Let the coaches do the coaching. While it is in your child's best interest that you are supportive and interested in their gymnastics training, it is imperative that the coaching be left to the coaches;
- Encourage your child to always play by the rules;
- Follow and respect all Covid-19 safety protocols.

Coaches/Staff Code of Conduct

Coaches and administrative staff are deeply committed to providing a positive, respectful and safe experience for each participant. To reach those goals, coaches and staff of Okanagan Gymnastics shall:

- Treat participants, athletes, colleagues, parents, volunteers and visitors with courtesy, respect and understanding;
- Always keep the participants and athletes' best interests first and foremost when delivering an OGC program or making operational decisions;
- Foster a positive environment where everyone thrives, is safe, and succeeds;
- Be punctual, productive and professional at all times;
- Focus comments or feedback appropriately, avoiding public criticism;
- Demonstrate a spirit of sportsmanship, leadership and ethical conduct;
- Ensure a safe environment by selecting activities and establishing controls that are suitable for the age, experience, ability, and fitness level of the involved participants and athletes;
- Provide athletes and their parents/guardians with the information necessary to be involved in the decisions that affect the athlete;
- Report parent concerns to their program Head Coach;
- Follow the 'rule of two', ensuring that any staff member is never out of sight with a child;
- Follow the mandate of Respect in Sport – to empower people to recognize and prevent bullying, abuse, harassment and discrimination;
- Maintain dignity in all circumstances and exercise self-control;
- Follow and respect all Covid-19 safety protocols.

OGC reserves the right to immediately and effectively address inappropriate behavior including breaches of our Codes of Conduct.